	k 1 Menu	PENNTHORPE				
Wee		Monday	Tuesday	Wednesday	Thursday	Friday
	Main Course	Pasta Bolognaise	Chicken Chasseur	Chicken Curry	Roast Loin of Pork	Battered Fish Fillet, Fish Fingers or Sausages
	Meat Free Course	Vegetable Bolognaise	Sweet Potato and Squash Chasseur Sauté Potatoes	Vegetable Curry	Parmesan & Roquette Risotto	Fishless Fingers
	On the Side	Garlic Bread, Green Beans, Roasted Vegetables	Peas and Sweetcorn	Naan Bread, Rice, Mango Chutney, Mixed Vegetables	Roast Potatoes, Gravy, Carrots & Broccoli	Chips & Peas
		Salad Bar				
	Every Day	Jacket potato, bread & butter				
Fresh cut fruit & yogurt					t	
	Dessert	Ice Cream Pots, Fresh Fruit, Jelly & Yoghurt	Fresh Fruit, Jelly & Yoghurt	Fruit Crumble	Chocolate Pots, Fresh Fruit, Jelly & Yoghurt	Fruit Pots, Yoghurt & Jelly

Week 2 Menu PENNTHORPE Tuesday Wednesday Monday **Thursday Friday Battered Fish** Pasta with Sausage and **Sweet Chilli Main Course** Fillet, **Roast Turkey Tomato Sauce** Mash with Gravy Chicken Fish Fingers **Chinese Stir Fried** Mushroom & **Meat Free** Vegetarian Vegetable Macaroni Cheese Vegetables Chickpea **Frittata** Course Sausages Casserole **Spring Roll Prawn Crackers. Roast Potatoes.** Garlic Bread. **Diced Carrot and Noodles, Spring** Yorkshire On the Side Roasted Vegetables **Chips & Peas** Greens Pudding, Broccoli, Peas and Sweetcorn **Green Beans** Sugar Snaps, Salad Bar **Every Day** Jacket potato, bread & butter Fresh cut fruit & yogurt **Meringue Nest** Pancakes, Fresh Rice Pudding, with Mixed Fruit Pots. Fruit Pots. Fruit, Jelly, Fresh Fruit. Berries, Fresh Dessert Yoghurt, Jelly **Yoghurt & Jelly Yoghurt** Yoghurt, Jelly Fruit, Jelly, **Yoghurt**

Week 3 Menu PENNTHORPE Monday Tuesday Wednesday **Thursday Friday** Chilli and Nachos. **Battered Fish Fillet.** Pasta, Carbonara **Honey Roast Main Course** Pepperoni Pizza Sour Cream, Salsa Fish Fingers or Gammon Sauce and Guacamole Sausages Spinach and **Meat Free** Cheese and **Garden Vegetable Stuffed Peppers Mushroom Cream** Quiche Chilli **Tomato Pizza** Course Sauce Yorkshire Pudding, Garlic Bread. **Potato Wedges** Cabbage and **Roast Potatoes.** On the Side **Chips & Peas** Carrots and **Green Beans Mixed Vegetables** Gravy, Broccoli & Sweetcorn **Green Beans** Salad Bar **Every Day** Jacket potato, bread & butter Fresh cut fruit & yogurt Chocolate Fruit Crumble and Fruit Pots, Waffles, Fresh Fruit Pots. Dessert Sponge and Fruit and Yoghurt **Yoghurt & Jelly** Yoghurt & Jelly Cream Custard