

Week 1 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Pasta Bolognaise	Pennthorpe Burger Bar	Chicken Curry	Roast Loin of Pork	Battered Fish Fillet, Fish Fingers or Sausages
Meat Free Course	Vegetable Bolognaise	Vegetable Burger	Chick Pea Sweet Potato and Vegetable Curry	Parmesan & Roquette Risotto	Fishless Fingers
On the Side	Garlic Bread, Green Beans, Roasted Vegetables	Chips, Peas and Sweetcorn	Naan Bread, Rice, Mango Chutney, Mixed Vegetables	Roast Potatoes, Gravy, Carrots & Broccoli	Chips & Peas
Every Day	Salad Bar				
	Jacket potato, bread & butter				
	Fresh cut fruit & yogurt				
Dessert	Ice Cream Pots, Fresh Fruit, Jelly & Yoghurt	Fresh Fruit, Jelly & Yoghurt	Fruit Crumble	Chocolate Pots, Fresh Fruit, Jelly & Yoghurt	Fruit Pots, Yoghurt & Jelly

Week 2 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Pasta with Tomato Sauce	Chicken Fajitas Sour Cream, Guacamole and Salsa	Sweet and Sour Pork	Roast Turkey	Battered Fish Fillet, Fish Fingers
Meat Free Course	Macaroni Cheese	Vegetarian Fajitas Wedges	Chinese Stir Fried Vegetables Spring Roll	Mushroom & Chickpea Casserole	Vegetable Frittata
On the Side	Garlic Bread, Roasted Vegetables and Sweetcorn	Diced Carrot and Peas	Prawn Crackers, Noodles, Spring Greens Sugar Snaps,	Roast Potatoes, Yorkshire Pudding, Broccoli, Green Beans	Chips & Peas
Every Day	Salad Bar				
	Jacket potato, bread & butter				
	Fresh cut fruit & yogurt				
Dessert	Pancakes, Fresh Fruit, Jelly, Yoghurt	Fruit Pots, Yoghurt, Jelly	Rice Pudding, Fresh Fruit, Yoghurt, Jelly	Jam sponge and Custard, Fresh Fruit, Jelly, Yoghurt	Fruit Pots, Yoghurt & Jelly

Week 3 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Pasta, Carbonara Sauce	Sausage and Mash, Gravy	Chilli and Nachos, Sour Cream, Salsa and Guacamole	Honey Roast Gammon	Battered Fish Fillet, Fish Fingers or Sausages
Meat Free Course	Spinach and Mushroom Cream Sauce	Vegetarian Sausages	Garden Vegetable Chilli	Stuffed Peppers	Quiche
On the Side	Garlic Bread, Carrots and Sweetcorn	Diced Carrot and Peas	Cabbage and Green Beans	Yorkshire Pudding, Roast Potatoes, Gravy, Broccoli & Green Beans	Chips & Peas
Every Day	Salad Bar				
	Jacket potato, bread & butter				
	Fresh cut fruit & yogurt				
Dessert	Waffles, Fresh Fruit and Yoghurt	Fruit Pots, Yoghurt & Jelly	Fruit Crumble and Cream	Chocolate Sponge and Custard	Fruit Pots, Yoghurt & Jelly